



ICP Capstone: Ignatian Discernment to Advance the Mission Pre-Event Information Sheet

What to Bring/Know About the Facility

The Retreat Center has single rooms with semi-private baths. The rooms will have towels, linens, and small bars of soap. Please read the following carefully:

1. Dress is business casual. It can be chilly in Florida this time of year and the facility is air conditioned, so please bring a sweater. Check the weather online to see if a cold-spell is expected and pack accordingly. FYI: we are going to dinner at a nice restaurant on Thursday evening to celebrate. (Dress is still business casual.)
2. You do not need to bring your ICP binder, though you may want to bring select material that might help you recall major highlights and learning experiences.
3. In case you did not finish the assigned reading or if you would like to have the book on hand for reference, consider bringing Traub's *Ignatian Spirituality Reader*
4. If you want an alarm clock, please bring one. There are none in the rooms.
5. The rooms **do not** have computer access or Wi-Fi capability. There is one public computer with a printer on site, and there are three Wi-Fi hotspots where a laptop can be used to access the Internet. As at the Orientation, we encourage people to be as "unplugged" as possible.
6. Please consider bringing a water bottle to fill from their filtered water station to cut down on the use of plastic cups.
7. There is no exercise room on site. The grounds, however, are lovely for walking and there are places to run off site, once you get off the main road.

Upon Arrival to the Palm Beach International Airport:

1. After gathering your baggage, please proceed to **Delta Baggage Claim #1** and look for a representative of the transportation company, Southeastern Florida Transportation holding an "ICP" sign. S/he will be available every hour on the half hour, beginning at 12:30 on January 3 (with an extra pickup at 4 PM): 12:30 PM, 1:30 PM, 2:30 PM, 3:30 PM, 4:00 PM, and 4:30-PM (waiting for 4:15 arrivals). Later arrivals will be met upon arrival at the pickup spot. **Those arriving on January 2 will do the same but will be given alternate pick up times by Diane via e-mail.**
2. If you need to call the company for assistance, please call 561-227-2682.
3. If you have any difficulty with the above or your flight is delayed a day, please call Diane McTier's cell at 216-548-5678 or Ed Peck's cell at 216-513-7967.
4. We will track flights. In case of flight delays, proceed to the pickup area and catch the next available van. If you arrive after 6 PM, call the company directly.
5. **In case of bad weather that might affect the program schedule, please go to our website for up to date information www.ignatiancolleagues.org**

Retreat Center Address and Contact Information (for those with own transportation):

Our Lady of Florida Retreat Center
1300 U.S. Hwy #1, North Palm Beach, FL 33408
561-626-1300
<http://www.ourladyofflorida.org>

Early Arrival and Check-In

Regular check-in is not until 4 PM. Until then, luggage can be stored and people can have the use of the facility and grounds. There are lots of places to sit and relax, and there are some stores and restaurants within walking distance.

Pre-event Preparation and Reflection (Discernment Workshop)

From the Discernment Workshop:

Recall that you have been given access to a self-paced online workshop (ICP 560) on the Blackboard server available at <http://learn.gonzaga.edu>. There are a few chapters to read and a few videos to watch (with accompanying outlines). If you have not done so already, please prepare as much of the material as possible. If nothing else, please watch the videos. [Click here to see the first video by Brian McDermott.](#) [Click here to see the second video by Brian McDermott.](#) . [Click here to see Howard Gray's concluding video.](#) During our first session on Tuesday night, we will be working in small groups to discuss the workshop. **As instructed in its third module, please be prepared to discuss the following.**

- 1) *What do you take away from this workshop?*
- 2) *What questions would you like to discuss with your colleagues at the Capstone?*
- 3) ***Please prepare a one-page working draft of Ignatian principles of discernment that will help guide your future work. This draft will serve as the basis of your small group discussions and can be further developed by you over time***

On-Site Reflection

During the Capstone Experience, we will be engaging in discernment, both individually and collectively. To prepare for this, please consider the following:

What has this program meant for me personally and professionally?

What were the highlights (moments of consolation)?

What were the low points (perhaps moments of desolation)?

What do I need to continue my development as an Ignatian colleague?

What do I need to work on my campus more deeply as a partner in mission?

To what do I feel called? For what do I feel more prepared?

If you had to do something differently, what would it have been?

How does the program need to change to serve colleagues better?